

# ARTIFICIAL FEEDING Introduction:-

- Artificial feeding should be started only if mother is unable to breastfeed the baby
- Mothers who are not motivated for breastfeeding may use this as an excuse for top feeding their babies.



#### Meaning

- Artificial feeding means -to feed the child other than breast milk.
- It involves the use of breast milk substitutes in the form of liquid milk, i.e.fresh cows or buffalo's milk or commercially available dried whole milk.



#### Aims of artificial feeding:-

-to provide adequate nutrition to the infant

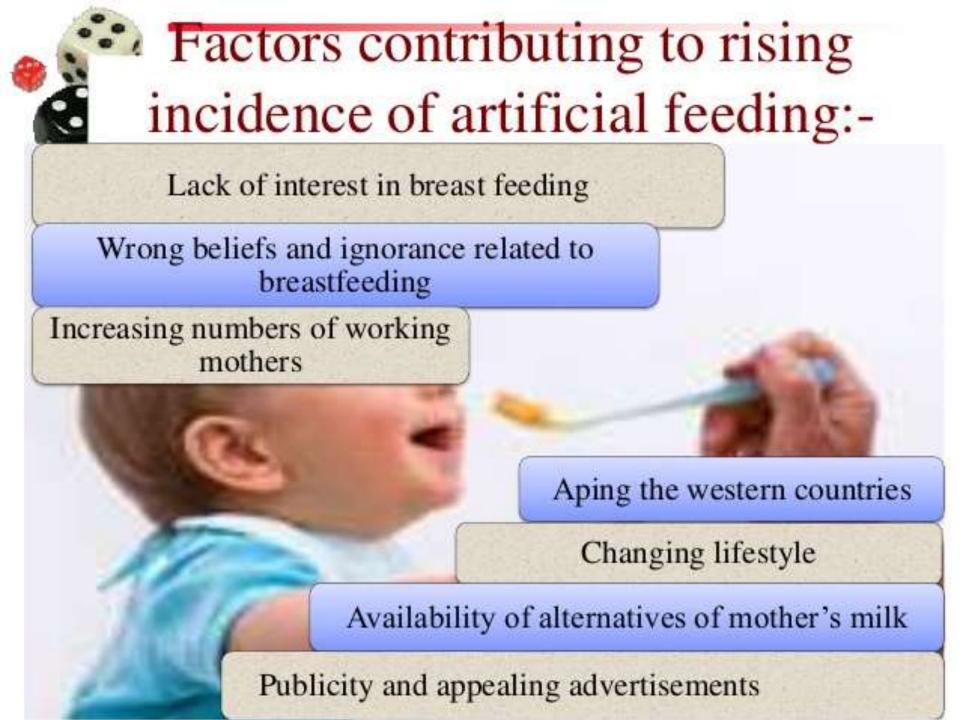
-to substitute breast milk and provide nutrients approx. as same as breastmilk

-to fullfil the needs of the child for proper growth and development

### Indications for artificial feeding-



- 1.Death or absence of mother
- 2. Prolonged maternal illness
- 3. Complete failure of breast milk production
- 4.Absolute contraindication of breast feeding
- 5.Expressed breast milk is not available





#### Principles of artificial feeding-

- 1. The decision of giving artificial feeding must be taken after failure of all efforts to breastfeed the baby
- Feeding should be given by spoon and bowel or cup or glass

3. In sick or preterm infant, the feeding can be given with dropper



#### Cont....

- Bottle feeding must be avoided and mothers need explanation or information about the hazards of bottle feeding
- Strict cleanliness in the preparation and feeding procedure should be practiced.
- Milk left over from previous feed should not be used again.
  - Feeding must be given with the calculated amount of fluids and calories according to the baby's expected weight.



8. Correct technique of feeding to be followed.

The milk should be warm, not too hot or cold.

10. An average 15 to 20 minutes may be needed to feed the total quantity, as required.

11. No. of feed can be 6 to 8 times in infant and 3 to 5 times in older babies.



#### Cont....

Hygienic measures are very important.

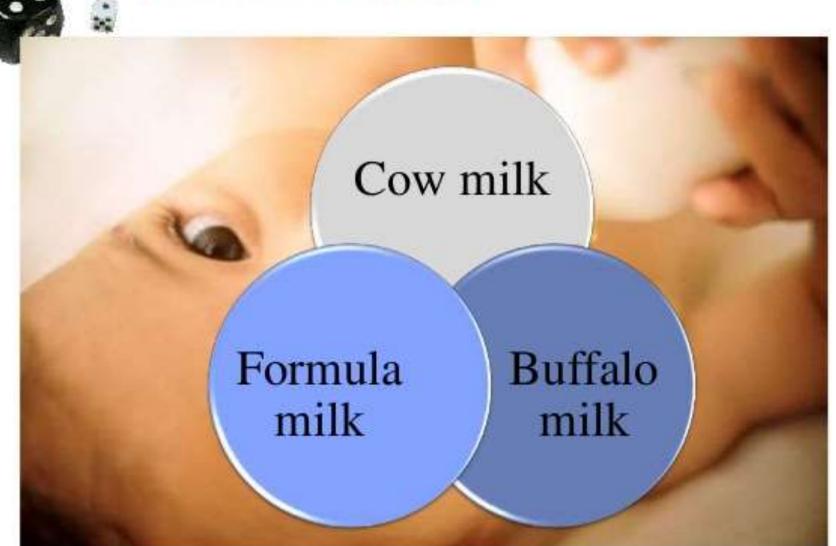
13. If dried milk is used, it should be reconstituted as per direction given by the manufacturer.

14. Burping may be needed to allow to push out the swallowed air and to prevent vomiting, abdominal discomfort

15. Supplementation of vitamins and minerals may be needed for babies to prevent deficiency condition.



#### Choice of milk-





#### Important points-

- Use katori spoon or cup for feeding
- Avoid using bottle for feeding which is a source of infection.
- If used, prefer glass bottles instead of plastic or metal bottles.
- Clean feeding vessels and rubber Nipples using bottle brush & fresh clean water after each feed.



- Bottle and nipple need to be sterilized by boiling before each feed.
- Boil rubber nipple for 1 or 2 minutes only &bottle for at least 10 minutes.
- keep bottles and nipples in covered container, till these are used



#### Preparation of milk



- If cow or buffalo milk, boil properly, boiling makes caesin curds finer and easily digestible
- Commercially available dried powered milks are reconstitued by mixing –
   one level measure of milk powder

30 ml of water



Feed requirement

Age	No. of feed in 24 hrs	Amount (approx)
At birth	At least 6-10	Birth to Day 3-baby will need:Frequent feeding • ½ oz -2 oz at each feeding
2 weeks-1 months	At least 6-10	2-4 oz (60-120 ml)
1-2 Months	6-8	2-4 oz (60-120 ml)
3-5 Months	5-7	5-6 oz (150-180 ml)
6-8 Months	4-5	6-8 oz (180-240 ml)
9-11 Months	3-4	6-8 oz (180-240 ml)
12 Months	0-3	6 oz (180 ml)

## Hazardous factors related to artificial feeding-

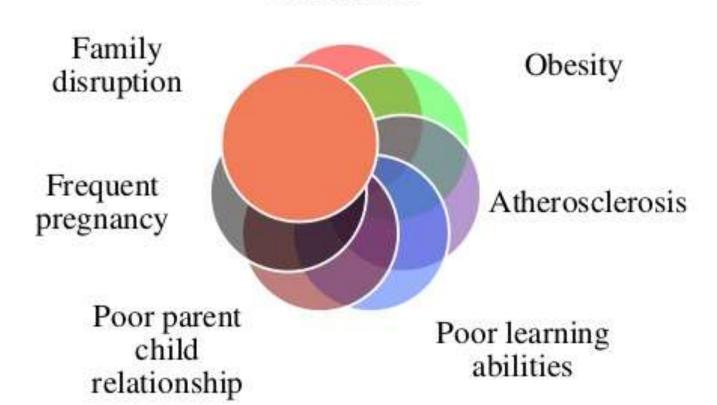
Danger of contamination

Gastroenteritis Multiple nutritional deficiencies



## Long term sequeal of exclusive artificial feeding leads to:-

Lactose intolerance



# THANK