Subjects	Theory Hours	Practical / Clinical Hours	Hours	
1. English	60			
2. Anatomy	60			
3. Physiology	60			
4. Nutrition	60			
5. Biochemistry	30			
6. Nursing Foundations	265 + 200	450		
7. Psychology	60			
8. Microbiology	60			
9. Introduction to Computers	45			
10 Kannada	30			
11 Library work / Self Study			50	
12 Co-curricular activities			50	
TOTAL	930	450	100	
TOTAL HOURS = 1480 HRS				

Table 1. First year Basic B.Sc. Nursing

Table2. Second Year Basic B.Sc. Nursing

Subjects	Theory Hours	Practical / Clinical Hours	Hours	
1. Sociology	60			
2. Pharmacology	45			
3. Pathology	30			
4. Genetics	15			
5. Medical Surgical Nursing (Adult	210	720		
including geriatrics)				
6. Community Health Nursing	90	135		
7. Communication and Educational Technology	60 + 30			
8. Library work / Self Study			50	
9. Co-curricular activities			35	
TOTAL	540	855	85	
TOTAL HOURS = 1480 HRS				

9. Scheme of Examination

First year

Table 6 (A): Distribution of Subjects and Marks for Internal Assessment and University Examination

Subject	Internal Assessment	University Examination	Total
Theory			
1. Anatomy & Physiology	40	100	140
2. Nutrition and Biochemistry	40	100	140
3. Nursing Foundation	40	100	140
4. Psychology	40	100	140
5. Microbiology	40	100	140
6. English	40	100	140
7. Introduction to Computer*	40	100*	140
Practical and Viva Voce			
1. Nursing Foundations	100	100	200

* Respective colleges will conduct examination for Introduction to Computer and English as college examination. Marks to be sent to the university.

All practical examinations must be held in the respective clinical areas. One internal and one external examiner should jointly conduct practical /clinical examination for each student.

Second Year

Table 7. Distribution of Subjects and Marks for Internal Assessment and University Examination

Subject	Internal Assessment	University Examination	Total
Theory			
8. Sociology	40	100	140
9. Medical Surgical Nursing- I	40	100	140
10. Pharmacology, Pathology,	40	100	140
Genetics			
11. Community Health Nursing – I	40	100	140
12. Communication and Educational	40	100	140
Technology			
Practical and Viva Voce	Internal	University	Total
	Assessment	Examination	
2. Medical – Surgical Nursing - I	100	100	200

Sociology

Placement : Second Year **Time**: Theory 60 Hours

Course Description : This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Unit	Time (Hrs)	Learning Objectives	Content and Teaching Learning Activity
Ι	1	* State the	Introduction
		importance of	* Definition of Sociology
		sociology in	* Nature and Scope of the discipline
		Nursing	* Importance and application of Sociology in Nursing
			Teaching Learning Activity
			* Lecture Discussion
II	3	* Describe the	Individual and Society
		inter-	* Society and Community
		relationship of	* Nature of Society
		individual in	* Difference between Society and Community
		society and	* Process of Socialization and individualization
		community	* Personal disorganization
			Teaching Learning Activity
			* Lecture Discussion
III	3	*Describe the	Culture
		influence of	* Nature of culture
		culture and	* Evolution of culture
		disease	* Diversity and uniformity of culture
			* Culture and socialization
			* Transcultural society
			* Influence on health and disease
			Teaching Learning Activity
			* Lecture Discussion
			* Panel Discussion
IV	4	*Identify	Social groups and processes
		various social	* The meaning and classification of groups
		groups and	* Primary & Secondary group
		their	* In-group V/s. Out-group, class tribe, caste
		interactions	* Economic, Political, Religious, groups, Mob,
			Crowd, Public and Audience Interaction & Social

			Durante
			Processes * Co-operation, Competition, Conflict * Accommodation, Assimilation & Isolation
			<i>Teaching Learning Activity</i> * Lecture Discussion
V	6	* Explain the growth of population in India and its impact on health	Population* Society and population* Population distribution in India Demographiccharacteristics* Malthusian theory of Populations* Population explosion in India and its impact onhealth status* Family welfare programmes
			<i>Teaching Learning Activity</i> * Lecture Discussion * Community identification
VI	5	* Describe the Institutions of family and marriage in India	 Family and Marriage * Family – functions * Types – Joint, Nuclear, blended and extended family: characteristics * The modern family changes, problems – dowry etc, welfare services * Changes and legislations on family and marriage in India – Marriage acts * Marriage: forms and functions of marriage * Marriage and family problems in India * Family, Marriage and their influence on health and health practices
VII	7	* Describe the class and caste system and their influence on health and health practices	 * Family case study Social stratification * Meaning and types of social stratification * The Indian caste system-origin and features * Features of caste in India today * Social class system and status * Social Mobility –Meaning & types * Race as a biological concept, criteria of racial classification * Salient features of Primary races-Racism * Influence of Class, Caste and Race on health and health practices

			Teaching Learning Activity
			* Lecture Discussion
17111	6	* D 1 1	* Community survey
VIII	6	* Describe the types of communities in India, their practices and the impact on health	Types of Communities in India (Rural, Urban and Regional) * Features of village community and characteristics of Indian villages Panchayat system, social dynamics * Community Development project & planning * Changes in Indian Rural life * Availability of health facilities in rural and its impact on health and health practices * Urban–Community – features * The growth of cities: urbanization and its impact on health and health practices * Major Urban problems – Urban Slums * Region: Problems and impact on Health
			Teaching Learning Activity * Lecture Discussion * Visits to rural and urban community * Community survey
IX	4	* Explain the process of Social Change	 Social Change * Nature and process of social change * Factors influencing Social change: cultural change, Cultural lag. * Introduction to Theories of social change: :Linear, Cyclical, Marxian, Functional Role of nurse-Change agents
			<i>Teaching Learning Activity</i> * Lecture Discussion
X	2	* Describe the Social system and inter- relationship of social organizations	Social Organization and Social System * Social organization: elements, types * Democratic and authoritarian modes of participation * Voluntary association * Social system: Definition and Types of social system * Role and Status as structural elements of social system * Inter-relationship of institutions
			<i>Teaching Learning Activity</i> * Lecture Discussion * Observation visits

XI	2	* Explain the nature and process of social control	Social control * Nature and process of social control * Political, Legal, Religious, Educational, Economic, Industrial and Technological system, Norms & Values – Folkways & Mores Customs, Laws and fashion Role of Nurse
			<i>Teaching Learning Activity</i> * Lecture Discussion * Community survey
XII		* Describe the role of the nurse in dealing with social problems in India	Social Problems * Social disorganization * Control & planning: poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: Elderly, handicapped, minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/Aids * Social welfare programmes in India Role of Nurse <i>Teaching Learning Activity</i>
			* Lecture Discussion * Institutional visits

Scheme of University Examination: Sociology

• Theory

There shall be one paper of three hours duration carrying 100 marks

Distribution of Type of Questions and Marks for Sociology				
Type of Questions	No. of Questions	Marks	Sub-total	
Long Essay (LE)	2	10	20	
Short Essay (SE)	10	5	50	
Short Answer (SA)	10	3	30	
Total Marks			100	

Distribution (f Type of Questions and	I Marks for Sociology
Distribution	i i jpe of Questions and	i mains for Sociology

No Practical Examination.

Pharmacology

Placement : Second Year **Time :** Theory – 45 hours

Course Description: This course is designed to enable students to acquire understanding of pharmaco-dynamics, pharmacokinetics, principles of therapeutics and nursing implications.

Unit	Time	Learning	Content and Teaching learning Activities
	(Hrs)	Objectives	
Ι	3	• Describe	Introduction to pharmacology
		pharmaco-	Definitions
		kinetics,	• Sources
		classification	Terminology used
		and the	Types: Classification
		principles of	Pharmacodynamics: Actions, therapeutic
		drug	• Adverse, toxic
		administratio	• Pharmacokinetics : absorption, distribution,
		n	metabolism, interaction, excretion
			• Review: Routes and principles of administration
			of drugs
			Indian pharmacopoeia : Legal issues
			Rational use of drugs
			Principles of therapeutics
			r
			Teaching learning Activities
			* Lecture Discussion
II	6	• Explain	Chemotherapy
		Chemotherapy of	• Pharmacology of commonly used;
		specific	Penicillin
		infections and	Cephalosporins
		infestations and	Aminoglycosides
		nurse's	Macrolide & Broad Spectrum Antibiotics
		responsibilities	□ Sulfonamides
			□ Quinolones
			□ Antiamoebic
			□ Antimalarials
			Anthelmintics
			□ Antiscables agents
			Antiviral & anti-fungal agents
			Antitubercular drugs
			Anti leprosy drugs
			Anticancer drugs

	2	Describe	 Immuno-suppressants Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse <i>Teaching learning Activities</i> * Lecture Discussion * Drug study/ presentation Pharmacology of commonly used antiseptics,
111	2	Antiseptics disinfectants, insecticides and nurse's responsibilities	 disinfectants and insecticides Antiseptics; Disinfectants Insecticides <i>Teaching learning Activities</i> * Lecture Discussion * Drug study/ presentation
IV	2	• Describe Drugs acting on Gastro Intestinal system and nurse's responsibilitie s	 Drugs acting on G.I. system Pharmacology of commonly used – Antiemetics, Emetics Purgatives Antacids Cholinergic Anticholinergics Fluid and electrolyte therapy Anti diarrhoeals Histamines Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse <i>Teaching learning Activities</i> * Lecture Discussion * Drug study/ presentation
V	2	Describe Drugs used on Respiratory systems and nurse's responsibilitie s	 Drugs used on Respiratory Systems Pharmacology of commonly used – Antiasthmatics Mucolytics Decongestants Expectorants Antitussives Bronchodilators Broncho constrictors Antihistamines

			Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse
			<i>Teaching learning Activities</i> * Lecture Discussion
			* Drug study/ presentation
VI	2	Describe	Drugs used on Urinary System
• •	-	Drugs used	 Pharmacology of commonly used –
		on Urinary	 Diuretics and antidiuretics
		System and	 Urinary antiseptics
		nurse's	Cholinergic and anticholinergics
		responsibilitie	 Acidifiers and alkalanizers
		S	Composition, action, dosage, route, indications,
			contraindications, drug interactions, side effects,
			adverse effects, toxicity and role of nurse
			Teaching learning Activities
			* Lecture Discussion
			* Drug study/ presentation
VII	4	Describe	Miscellaneous
		Drugs used in	• Drugs used in de-addiction
		Dead diction,	• Drugs used in CPR and emergency
		emergency,	• Vitamins and minerals
		deficiency of	Immunosuppresants
		vitamins &	Antidotes
		minerals,	• Antivenom
		poisoning, for immunization	Vaccines and sera
		and immuno-	
		suppression	<i>Teaching learning Activities</i> * Lecture Discussion
		and nurse's	* Drug study/ presentation
		responsibilitie	Drug study presentation
		S	
VIII	1	• Describe	Drugs used on skin and mucous membranes
		Drugs used	• Topical applications for skin, eye, ear, nose and
		on skin and	buccal cavity Antipruritics
		mucous membranes	Composition action deserve route indications
		and nurse's	Composition, action, dosage, route, indications, contraindica-tions, drug interactions, side effects,
		responsibilitie	adverse effects, toxicity and role of nurse
		s	Teaching learning Activities
			* Lecture Discussion
			• Drug study/ presentation

IV	0	D '1	Durrage acting on Normous system
IX	8	Describe	Drugs acting on Nervous system
		Drugs used	Basic & applied Pharmaco-logy of commonly
		on Nervous	used :
		System and	Analgesics and Anaesthetics
		nurse's	□ Analgesics
		responsibilitie	- Non steroidal anti -
		S	inflammatory (NSAID) drugs
			□ Antipyretics
			Hypnotics and Sedatives
			- Opioids
			- Non-Opioids
			- Tranquilizers
			- General & local anesthetics
			- Gases : oxygen, nitrous oxide, carbon-dioxide
			 Cholinergic and anti-cholinergics:
			 Muscle relaxants
			5 I
			Anti-psychotics
			□ Antidepressants
			□ Anticonvulsants
			□ Adrenergics
			□ Noradregenics
			Mood stabilizers
			□ Acetylcholine
			□ Stimulants
			Composition, action, dosage, route, indications,
			contraindications, drug interactions, side effects,
			adverse effects, toxicity and role of nurse
			Teaching learning Activities
			* Lecture Discussion
			* Drug study/ presentation
Х	5	• Describe	Cardiovascular drugs
		Drugs used	Haematinics
		on Cardio-	Cardiotonics
		vascular	Anti anginals
		System and	 Anti-hypertensives & Vasodilators
		nurse's	
		responsibilitie	Anti-arrhythmics
		S	Plasma expanders
		5	Coagulants & anticoagulants
			Antiplatelets & thrombolytics
			Hypolipidemics
			Composition, action, dosage, route, indications,
			contraindi-cations, drug interactions, side effects,
			adverse effects, toxicity and role of nurse

XI	4	• Describe drugs used for hormonal disorders and supplemen-tation, contraception and medical termination of pregnancy and nurse's responsibilities	 Teaching learning Activities * Lecture Discussion * Drug study/ presentation Drugs used for hormonal disorders & supplementation, contraception and medical termination of pregnancy Insulins & Oral hypoglycemics Thyroid supplements and suppressants Steroids, Anabolics Uterine stimulants and relaxants Oral contraceptives Other estrogen-progestrone preparations Corticotrophine & Gonadotropines Adrenaline Prostaglandins Calcium salts Calcium regulators
XII	6	• Demonstrate awareness of the common drugs used in alternative system of medicine	 contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse <i>Teaching learning Activities</i> Lecture Discussion Drug study/ presentation Introduction to Drugs used in alternative systems of medicine: Ayurveda, Homeopathy, Unani and Siddha etc. <i>Teaching learning Activities</i> Lecture Discussion Observational Visits

Section A – Pathology

Placement : Second Year **Time :** Theory – 45 hours

Course Description : This course is designed to enable students to acquire knowledge of pathology of various disease conditions and apply this knowledge in practice of nursing.

Unit		me	Objectives	Content and Teaching Learning Methods
	`````	rs)	_	
	Th.	Pr.		
I	3		<ul> <li>Define the common terms used in pathology</li> <li>Appreciate the deviations from normal to abnormal</li> </ul>	<ul> <li>Introduction</li> <li>Importance of the study of pathology</li> <li>Definition of terms</li> <li>Methods and techniques</li> <li>Cellular and Tissue changes</li> <li>Infiltration and regeneration</li> <li>Inflammations and Infections</li> <li>Wound healing</li> </ul>
			structure and functions of the body system	<ul> <li>Vascular changes</li> <li>Cellular growth, Neoplasms</li> <li>Normal and Cancer cell</li> <li>Benign and Malignant growths</li> <li>In situ carcinoma</li> <li>Disturbances of fluid and electrolyte imbalance</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts</li> </ul>
Π	10	5	• Explain Pathological changes in disease conditions of various systems	<ul> <li>Special pathology</li> <li>Pathological changes in disease conditions of various systems:</li> <li>Respiratory tract</li> <li>Tuberculosis, Bronchitis, Pleural effusion and pneumonia</li> <li>Lung abscess, emphysema, bronchiectasis</li> <li>Bronchial asthma, Chronic obstructive Pulmonary disease and tumours</li> </ul>
				<ul> <li>Cardio-vascular system</li> <li>Pericardial effusion</li> <li>Rheumatic heart disease</li> <li>Infective endocarditis, atherosclerosis</li> <li>Ischemia, infarction &amp; aneurysm</li> </ul>

				<ul> <li>Gastro Intestinal Tract</li> <li>Peptic ulcer, typhoid</li> <li>Carcinoma of GI tract-buccal, Esophageal,</li> </ul>	
				□ Gastric & intestinal	
				<ul> <li>Liver, Gall bladder &amp; pancreas</li> <li>Hepatitis, Chronic liver abscess, cirrhosis</li> </ul>	
				<ul> <li>Tumours of liver, gall bladder and pancreas,</li> </ul>	
				<ul> <li>runours of inver, gan bladder and panereas,</li> <li>Cholecystitis</li> </ul>	
				<ul> <li>Kidneys &amp; Urinary tract</li> </ul>	
				<ul> <li>Glomerulonephritis, pyelonephritis</li> </ul>	
				<ul> <li>Calculi, renal failure, renal carcinoma &amp; cystitis</li> </ul>	
				Male genital systems	
				Cryptorchidism, testicular atrophy	
				Prostatic hyperplasia, carcinoma Penis & prostate	
				Female genital system	
				□ Fibroids	
				Carcinoma cervix and Endometrium	
				Vesicular mole, choriocarcinoma	
				□ Ectopic gestation	
				<ul><li>Ovarian cyst &amp; tumours</li><li>Cancer Breast</li></ul>	
			<ul> <li>Central Nervous system</li> <li>Hydrocephalus, Meningitis, encephalitis,</li> </ul>		
				<ul> <li>Invariocephatus, Meningrus, encephatus,</li> <li>Vascular disorders – thrombosis, embolism</li> </ul>	
				<ul> <li>Stroke, paraplegia, quadriplegia</li> </ul>	
				<ul> <li>Tumours, meningiomas-gliomas</li> </ul>	
				Metastatic tumour	
				• Skeletal system	
				Bone healing, osteoporosis, osteomyelitis	
				Arthritis & tumours	
				Teaching learning Activities	
				Lecture Discussion	
				• Explain using charts, slides, specimen, X-rays and	
				scans	
				• Visit to Pathology lab, endoscopy unit and OT	
III	4	3	Describe various	Clinical pathology	
			laboratory	• Various blood and bone marrow tests in	
			tests in	assessment and monitoring of disease conditions	
			assessment	□ Hemoglobin	
			and	□ RBC, White cell & platelet counts	
			monitoring o	of Bleeding time, clotting time and prothrombine	
			disease	time	
			conditions	<ul> <li>Blood grouping and cross matching</li> <li>Blood chemistry</li> </ul>	
				Diood chemisu y	

				D Dlood output
				<ul> <li>Blood culture</li> <li>Serological and immunological tests</li> <li>Other blood tests</li> <li>Examination of Bone marrow</li> <li>Methods of collection of blood specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values</li> <li><i>Teaching learning Activities</i></li> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Visit to Clinical Pathology &amp; Bio-Chemistry lab and Blood bank</li> </ul>
IV	2	1	• Describe the laboratory tests for examination of body cavity fluids, transudates and exudates	<ul> <li>Examination of body cavity fluids, transudates and exudates</li> <li>The laboratories tests used in CSF analysis</li> <li>Examination of other body cavity fluids, transudates and exudates –sputum, wound discharge etc</li> <li>Analysis of gastric and duodenal contents</li> <li>Analysis of semen-sperm count, motility and morphology and their importance in infertility</li> <li>Methods of collection of CSF and other cavity fluids specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values</li> </ul>
V	1	1	• Describe laboratory tests for examination of Urine and faeces	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Urine and faeces <ul> <li>Urine</li> <li>Physical characteristics</li> <li>Analysis</li> <li>Culture and sensitivity</li> <li>Faeces</li> <li>Characteristics</li> <li>Stool examination : occult blood, ova, parasite and cyst, reducing substance etc.</li> <li>Methods of collection for various tests, inference and normal values</li> </ul> </li> <li><i>Teaching learning Activities</i></li> <li>Lecture Discussion</li> </ul>
				Demonstration

## **Section B – Genetics**

**Placement :** Second Year **Time :** Theory – 15 hours

**Course Description :** This course is designed to enable students to acquire understanding of Genetics, its role in causation and management of defects and diseases

Unit	Time	Objectives	Content and Teaching Learning	Teaching Learning
	(Hrs)		Activities	Activities
Ι	3	• Explain nature, principles and perspec- tives of heredity	<ul> <li>Introduction :</li> <li>Practical application of genetics in Nursing</li> <li>Impact of genetic condition on families</li> <li>Review of cellular division mitosis and meiosis.</li> <li>Characteristics and structure of genes</li> <li>Chromosomes – sex determination</li> <li>Chromosomal aberrations Patterns of inheritance</li> <li>Mendalian theory of inheritance</li> <li>Multiple allots and blood groups</li> <li>Sex linked inheritance</li> <li>Mechanism of inheritance</li> <li>Errors in transmission (Mutation)</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>
			<ul><li><i>Teaching learning Activities</i></li><li>Lecture Discussion</li></ul>	
II	3	• Explain Maternal, prenatal and genetic influences on develop-ment of defects and diseases	<ul> <li>Explain using charts, slides</li> <li>Maternal, prenatal and genetic influences on development of defects and diseases</li> <li>Conditions affecting the mother : genetic and infections</li> <li>Consanguinity atopy</li> <li>Prenatal nutrition and food allergies</li> <li>Maternal Age</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>

			<ul> <li>Maternal drug therapy</li> <li>Prenatal testing and diagnosis</li> <li>Effect of Radiation, drugs and chemicals</li> <li>Infertility</li> <li>Spontaneous abortion</li> <li>Neural Tube Defects and the role of folic acid in lowering the risks</li> <li>Down syndrome (Trisomy 21)</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>	
III	2	• Explain the screening methods for genetic defects and diseases in neonates and children	<ul> <li>Genetic testing in the neonates and children</li> <li>Screening for</li> <li>Congenital abnormalities</li> <li>Developmental delay</li> <li>Dysmorphism</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>
IV	2	• Identify genetic disorders in adoles- cents and adults	<ul> <li>Genetic conditions of adolescents and adults</li> <li>Cancer genetics – Familial Cancer</li> <li>Inborn errors of metabolism</li> <li>Blood group alleles and haematological disorder</li> <li>Genetic haemochro-matosis</li> <li>Huntington's disease</li> <li>Mental illness</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>
V	5	• Describe the role of nurse in genetic services and coun- selling	<ul> <li>Services related to Genetics</li> <li>Genetic testing</li> <li>Human genome project</li> <li>Gene therapy</li> <li>The Eugenics movement</li> <li>Genetic Counselling</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>

Legal and Ethical issues Role of nurse	
Teaching learning Activities	
Lecture Discussion	
<ul> <li>Explain using charts, slides</li> </ul>	

#### Scheme of University Examination:

• Theory

#### Pharmacology, Pathology and Genetics,

There shall be one paper of three hours duration carrying 100 marks for the subjects Pharmacology, Pathology and Genetics.

Section A shall be Pharmacology with 50 marks, Section B shall be Pathology with 35 marks and Genetics with 15 marks. The distribution of type of questions and marks shall be as follows:

Table 7(B): Distribution of Type of Questions and Marks for Pharmacology (50 marks)					
Type of Questions	No. of Questions	Marks	Sub-total		
Long Essay (LE)	1	10	10		
Short Essay (SE)	5	5	25		
Short Answer (SA)	5	3	15		
Total Marks			50		

#### **Pathology and Genetics**

 Table 7 (C): Distribution of Type of Questions and Marks for Pathology (35 marks)

Type of Questions	No. of Questions	Marks	Sub-total
Long Essay (LE)	-	-	
Short Essay (SE)	4	5	20
Short Answer (SA)	5	3	15
Total Marks			35

Table 7(D): Distribution of Type of Questions and Marks for Genetics (18 marks)					
Type of Questions	No. of Questions	Marks	Sub-total		
Long Essay (LE)	-	-	-		
Short Essay (SE)	-	-	-		
Short Answer (SA)	5	3	15		
Total Marks			15		

No practical examination.

## **Medical Surgical Nursing**

(Adult including Geriatrics) – I

**Placement :** Second Year **Time :** Theory - 210 hours

#### Practical - 720 hours

**Course Description :** The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time (Hrs)	Learning Objectives	Content and Teaching Learning Activities
Ι	15	<ul> <li>Appreciate the trends in medical and surgical nursing</li> <li>Describe the role of nurse in caring for adult patient in hospital and community</li> <li>Describe the concepts of medical surgical asepsis</li> </ul>	<ul> <li>Introduction :</li> <li>Introduction to medical surgical nursing – Evolu-tion and trends of medical and surgical nursing</li> <li>Review of Concepts of Health and illness Disease - concepts, causations, classification diseases (ICD -10 or later version), Acute illness Chronic illness &amp; Terminal illness, stages of illness</li> <li>Review of concepts of comprehensive nursing care in medical surgical conditions based on nursing process</li> <li>Role of nurse, patient and family in care of adult patient</li> <li>Role and responsibilities of a nurse in medical surgical settings :</li> <li>Outpatient department</li> <li>In-patient unit</li> <li>Intensive care unit</li> <li>Home and Community settings</li> <li>Introduction to Medical Surgical asepsis</li> <li>Inflammation &amp; Infection</li> <li>Immunity</li> <li>Wound healing</li> <li>Care of Surgical Patient</li> <li>Pre-operative</li> <li>Intra operative</li> <li>Post operative</li> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised clinical practice</li> </ul>

II	15	- D '1 4	Common signs and symptoms and management
	13	<ul> <li>Describe the common signs, symptoms, problems and their</li> <li>Specific nursing interventions</li> </ul>	<ul> <li>Common signs and symptoms and management</li> <li>Fluid and electrolyte imbalance</li> <li>Vomitting</li> <li>Dyspnea and cough, respiratory obstruction</li> <li>Fever</li> <li>Shock</li> <li>Unconsciousness, Syncope</li> <li>Pain</li> <li>Incontinence</li> <li>Edema</li> <li>Age related problems – geriatric</li> </ul> Teaching Learning Activities <ul> <li>Lecture Discussion</li> <li>Seminar</li> <li>Case discussion</li> </ul>
	20	• Describe the etiology, patho- physiology clinical manifes- tations, diagnostic measures and mana-gement of patients (adults including elderly) with disorders of respiratory systems	<ul> <li>Case discussion</li> <li>Nursing management of patients (adults including elderly) with respiratory problems</li> <li>Review of anatomy and physiology of respiratory system,</li> <li>Nursing Assessment –History and Physical assessment</li> <li>Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics &amp; nursing management of adults including elderly with –</li> <li>Upper Respiratory tract infections</li> <li>Bronchitis</li> <li>Asthma</li> <li>Emphysema</li> <li>Empyema</li> <li>Atelectasis</li> <li>Chronic Obstructive Pulmonary Diseases (COPD)</li> <li>Bronchiectasis</li> <li>Pneumonia</li> <li>Pulmonary tuberculosis</li> <li>Lung abscess</li> <li>Pleural effusion</li> <li>Cysts and Tumours</li> <li>Chest injuries</li> <li>Respiratory arrest and insufficiency</li> <li>Pulmonary embolism</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of respiratory disorders</li> </ul>

		<ul> <li>Teaching Learning Activities</li> <li>Lecture Discussion <ul> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> </ul> </li> </ul>
IV 30	• Describe the etiology, patho- physiology clinical manifesta- tions, diagnostic measures and manag-ement of patients (adults including elderly) with disorders of digestive systems	<ul> <li>Nursing management of patient (adults including elderly) with disorders of digestive system</li> <li>Review of anatomy and physiology of digestive system</li> <li>Nursing Assessment –History and physical assessment</li> <li>Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics &amp; nursing management</li> <li>Disorders of</li> <li>Oral cavity – lips, gums, tongue, salivary glands and teeth</li> <li>Oesophagus-inflammation stricture, obstruction, bleeding and tumours</li> <li>Stomach and deudenum-hiatus hernia, gastritis, peptic and deudenal ulcer, bleeding, tumours, pyloric stenosis</li> <li>Small intestinal disorders- inflammation &amp; infection, entritis, malabsorption, obstruction, tumour and perforation</li> <li>Large intestinal disorders-Colitis, inflammation and infection, obstruction and tumour and lump</li> <li>Hernias</li> <li>Appendix – inflammation, mass, abscess, rupture</li> <li>Anal &amp; Rectum ; hemorrhoides, fissures, Fistulas</li> <li>Peritonitis/acute abdomen</li> <li>Pancreas; inflammation, cyst, abscess and tumours</li> <li>Liver; inflammation, cyst, abscess, cirrhosis, portal hypertension, hepatic failure, tumours</li> <li>Gall Bladder; inflammation, obstruction, stones and tumours</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of digestive system</li> </ul>

			<ul> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Assess-ment of skills with check list</li> <li>Assess-ment of patient manage-ment problem</li> </ul>
V	30	<ul> <li>Describe the etiology, patho-physiologycli nical manifestations, diagnostic measures and mana-gement of patients (adults including elderly) with blood and cardio vascular problems</li> <li>Describe the vascular conditions and its nursing management</li> </ul>	<ul> <li>Nursing management of patient (adults including elderly) with blood and cardio vascular problems</li> <li>Review of anatomy and physiology of blood and cardio vascular system,</li> <li>Nursing Assessment –History and Physical assessment</li> <li>Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of –</li> <li>Vascular system</li> <li>Hypertension, Hypotension</li> <li>Artheriosclerosis</li> <li>Raynaud's disease</li> <li>Aneurism and Perpherial vascular disorders</li> <li>Heart</li> <li>Coronary artery diseases</li> <li>Ischemic Heart Disease</li> <li>Cornory atherosclerosis</li> <li>Angina pectoris</li> <li>Myocardial infarction</li> <li>Valvular disorders of the heart</li> <li>Congential and acquired</li> <li>Rheumatic Heart diseases</li> <li>Endocarditis, Pericarditis Myocarditis</li> <li>Cardio Myopathies</li> <li>Cardiac dysrhythmias, Heart Block</li> <li>Congestive cardiac failure</li> <li>Cor-pulmonale, pulmonary edema, cardiogenic shock, cardiac tamponade</li> <li>Cardia cemergencies and arrest</li> <li>Cardia cemergencies and arrest</li> <li>Polycythemia</li> <li>Bleeding disorders; clotting factor defects and platelets</li> </ul>

	10		defects         Thalassemia         Leukaemias         Leukopenias and agranulocytosis         Lymphomas         Myelomas         Blood transfusion, safety checks, procedure and requirements,management of adverse transfusion reaction, records for blood transfusion.         Management & counsel-ling of blood donors, phlebotomy procedure, & post donation management Blood bank functioning & hospital transfusion committee. Bio-safety and waste management in relation to blood transfusion         Role of a nurse in Organ donation, retrieval and banking Alternative therapies Nursing procedures         Drugs used in treatment of blood and cardio vascular disorders <b>Teaching learning Activities</b> Lecture Discussion         Explain using charts, graphs         Models, films, slides         Demonstration         Practice session         Case discussions/ Seminar         Health education         Supervised clinical practice         Drug book/ presentation         Visit to blood bank         Participation in blood donation camps         Counselling         Assess-ment of skills with check list         Assess-ment of patient manage-ment problem
VI	10	<ul> <li>Describe the etiology, patho- physiologyCl inical manifesta- tions, diagnostic</li> </ul>	<ul> <li>Nursing management of patient (adults including elderly) with genito-urinary problems</li> <li>Review of anatomy and physiology of genito-urinary system</li> <li>Nursing Assessment –History and Physical assessment</li> <li>Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics and nursing management of –</li> </ul>

		measures and mana-gement of patients (adults including elderly) with disorders of genito- urinary system	<ul> <li>Nephritis</li> <li>Nephrotic syndrome</li> <li>Nephrosis</li> <li>Renal calculus</li> <li>Tumours</li> <li>Acute renal failure</li> <li>Chronic renal failure</li> <li>End stage renal disease</li> <li>Dialysis, renal transport</li> <li>Congenital disorders, urinary infections</li> <li>Benign prostate hypertrophy</li> <li>Disorders of ureter, urinary bladder and urethera- inflammation, infection, stricture.obstruction, tumour, prostrate Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of genito-urinary disorders</li> <li>Teaching Learning Activities</li> <li>Lecture Discussion <ul> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> </ul> </li> </ul>
VII	5	<ul> <li>Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and mana-gement of patients (adults including elderly) with disorders of male reproduc-tive</li> </ul>	<ul> <li>Nursing management of disorders of male (adults including elderly) reproductive system</li> <li>Review of anatomy and physiology of male reproductive system</li> <li>Nursing Assessment -History and physical assessment</li> <li>Etiology,Pathophysiology, clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of disorders of male reproductive system</li> <li>Congenital malformations; cryptorchidism</li> <li>Hypospadiasis, Epispadiasis</li> <li>Infections</li> <li>Testis and adjacent structures</li> <li>Penis</li> <li>Prostate: inflammation, infection, hypertrophy, tumour</li> <li>Sexual Dysfunction</li> </ul>

	10	system	<ul> <li>Infertility</li> <li>Contraception</li> <li>Breast ; gynecomastia, tumour</li> <li>Climacteric changes</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of male reproductive system</li> <li>Teaching Learning Activities</li> <li>Lecture Discussion <ul> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> </ul> </li> </ul>
VIII	10	• Describe the etiology, patho- physiology clinical manifesta- tions, diagnostic measures and mana-gement of patients (adults including elderly) with disorders of endocrine system	<ul> <li>Nursing management of patient (adults including elderly) with disorders of endocrine system</li> <li>Review of anatomy and physiology endocrine system</li> <li>Nursing Assessment -History and Physical assessment</li> <li>Etiology,Pathophysiology, clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of –</li> <li>Disorders of Thyroid and Parathyroid</li> <li>Diabetes mellitus</li> <li>Diabetes insipidus</li> <li>Adrenal tumour</li> <li>Pituitary disorders</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of endocrine system</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice sessions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> </ul>

			<ul> <li>Drug book/ presentation</li> <li>Assess-ment of skills with check list Assess-ment of patient manage-ment problem</li> </ul>
IX	10	• Describe the etiology, patho- physiology clinical manifesta- tions, diagnostic measures and mana-gement of patients (adults including elderly) with disorders of skin	<ul> <li>Nursing management of patient (adults including elderly) with disorders of Integumentary system</li> <li>Review of anatomy and physiology of Skin and its appendages</li> <li>Nursing Assessment -History and Physical assessment</li> <li>Etiology,Pathophysiology, clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of</li> <li>disorders of skin and its appendages</li> <li>Lesions and abrasions</li> <li>Infection and infestations; Dermititis</li> <li>Dermatoses ; infectious and Non infectious</li> <li>"inflammatory dermatoses"</li> <li>Acne Vulgaris</li> <li>Allergies and Eczema</li> <li>Psoriasis</li> <li>Malignant melanoma</li> <li>Alopecia</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of Integumentary system</li> </ul> <b>Teaching Learning Activities</b> <ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Assess-ment of skills with check list Assess-ment of patient manage-ment problem</li></ul>
X	15	• Describe the etiology, patho- physiology clinical	<ul> <li>Nursing management of patient (adults including elderly) with musculo-skeletal problems</li> <li>Review of anatomy and physiology of musculo-skeletal system</li> <li>Nursing Assessment -History and Physical assessment</li> </ul>

		manifesta- tions, diagnostic measures and mana-gement of patients (adults including elderly) with disorders of musculo – skeletal system	<ul> <li>Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of –</li> <li>Disorders of :</li> <li>Muscles, Ligaments and Joints- inflammation, infection, trauma</li> <li>Bones – inflammation, infection, dislocation, fracture, tumour and trauma</li> <li>Osteomalacia and osteoporosis</li> <li>Arthritis</li> <li>Congenital deformities</li> <li>Spinal column – defects &amp; deformities, Tumor, Prolapsed inter vertebral disc, pott's spine</li> <li>Paget's disease</li> <li>Amputation</li> <li>Prosthesis</li> <li>Transplant &amp; replacement surgeries</li> <li>Rehabilitation</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of musculoskeletal system</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Assess-ment of patient manage-ment problem</li> </ul>
XI	10	Describe the etiology, patho- physiology clinical manifestat- ions, diagnostic measures and management	<ul> <li>Nursing management of patient (adults including elderly) with Immunological problems</li> <li>Review of Immune system</li> <li>Nursing Assessment -History and Physical assessment</li> <li>Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities &amp; medical, surgical, dietetics &amp; nursing management of –</li> <li>Immunodeficiency disorder</li> <li>Primary immuno deficiency</li> <li>Phagocytic dysfunction</li> </ul>

		of patients (adults including elderly) with disorders of musculo – skeletal system	<ul> <li>B-cell and T-cell deficiencies</li> <li>Secondary immuno-deficiencies</li> <li>Acquired immuno-deficiency syndrome (AIDS) <ul> <li>Incidence of HIV &amp; AIDS</li> <li>Epidemiology</li> <li>Transmission - Prevention of Transmission</li> <li>Standard Safety precautions</li> <li>Role of Nurse; Counseling</li> <li>Health education and home care consideration</li> <li>National AIDS Control Program- NACO, various national and international agencies</li> <li>Infection control program</li> <li>Rehabilitation</li> </ul> </li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of immunological system</li> </ul> Teaching Learning Activities <ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussions/ Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Orientation visit to Hospital Control system</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problem</li> </ul>
XII	20	• Describe the etiology, patho- physiology clinical manifesta- tions, diagnostic measures and mana-gement of patients (adults including	<ul> <li>Assessment of patient management problem</li> <li>Nursing management of patient (adults including elderly) with Communicable Diseases</li> <li>Overview of infectious disease, the infectious process</li> <li>Nursing Assessment -History and Physical assessment</li> <li>Epidemiology, infectious process, clinical manifes- tations, diagnosis, treat-ment, prevention and dietics. Control and eradication of common Communicable Diseases-</li> <li>Tuberculosis</li> <li>Diarrhoeal diseases</li> <li>Hepatitis A- E</li> <li>Herpes</li> <li>Chickenpox</li> </ul>

	alderly) with	D Smallnov
	elderly) with Communi-	<ul><li>Smallpox</li><li>Typhoid</li></ul>
	cable	
	Diseases	<ul> <li>Meningitis</li> <li>Gas gangrene</li> </ul>
	1364363	Leprosy
		Dengue
		□ Plague
		□ Flague □ Malaria
		<ul> <li>Diptheria</li> </ul>
		<ul> <li>Dipulcità</li> <li>Pertussis</li> </ul>
		<ul> <li>Poliomyelitis</li> </ul>
		□ Measles
		□ Mumps
		□ Influenza
		□ Tetanus
		□ Yellow fever
		□ Filariasis
		□ HIV, AIDS
		Reproductive Tract Infections
		• Special Infection control measures : Notification,
		Isolation, Quarantine, Immunization, Infectious Disease
		Hospitals
		Special therapies, alternative therapies
		Nursing procedures
		Drugs used in treatment of Communicable diseases
		Teaching learning Activities
		Lecture Discussion
		• Explain using charts, graphs
		<ul> <li>Models, films, slides</li> </ul>
		Demonstration
		Practice session
		Case discussions/ Seminar
		Health education
		Supervised clinical practice
		Drug book/ presentation
		• Assess-ment of skills with check list
		• Assess-ment of patient manage-ment problem
XIII 25	• Describe the	Peri operative nursing:
	Organi-	• Organisation and Physical set up of the Operation
	sation and	Theatre (OT) :
	physical set	□ Classifications
	up of	• O.T. DESIGN
	operation	□ Staffing
	theatre	Members of the OT team

<ul> <li>Identify the various instruments and equipments used for common surgical procedures</li> <li>Describe the infection control measures in the operation theatre</li> <li>Describe the role of the nurse in the Peri Operative nursing care</li> </ul>	<ul> <li>Duties and responsibilities of nurse in O.T.</li> <li>Principles of Health and operating room attire</li> <li>Instruments,</li> <li>Sutures &amp; suture materials</li> <li>Equipments</li> <li>O.T. tables and sets for common surgical procedures</li> <li>Positions and draping for common surgical procedures</li> <li>Scrubbing procedures</li> <li>Gowning and gloving</li> <li>Preparation of O.T. Sets</li> <li>Monitoring the patient during surgical procedures</li> <li>Maintenance of thera-peutic environment in O.T</li> <li>Standard Safety measures</li> <li>Infection control; fumigation, disinfection and sterlisation</li> <li>Biomedical waste management</li> <li>Prevention of accidents and hazards in O.T.</li> <li>Anaesthesia</li> <li>Types</li> <li>Methods of administration</li> <li>Effects and Stages</li> <li>Equipments</li> <li>Drugs</li> <li>Cardio Pulmonary Resuscitation (CPR)</li> <li>Pain management techniques</li> <li>Legal Aspects</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs,</li> </ul> Models, films, slides <ul> <li>Demonstration</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Assess-ment of skills with check list</li> <li>Assess-ment of patient manage-ment problem</li> </ul>
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# Medical Surgical Nursing -I Practical (Adult including Geriatrics)

Placement : Second Year Time : 720 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
General Medica I Ward (*Respi -ratory, GI,End o-crine, Renal, Hemo- tology	6	<ul> <li>Provide nursing care to adult patients with medical disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Assessment of the patient</li> <li>Taking history</li> <li>Perform general and specific physical examination</li> <li>Identify alterations and deviations</li> <li>Practice medical surgical asepsis-standard safety measures</li> <li>Administer medications</li> <li>Oral, IV, IM, Subcutaneous</li> <li>IV therapy</li> <li>IV canulation</li> <li>Maintenance and monitoring</li> <li>Oxygen therapy by different methods</li> <li>Nebulization</li> <li>Chest physiotherapy</li> <li>Naso gastric feeding</li> <li>Assist in common diagnostic</li> <li>Perform/Assist in therapeutic procedures</li> <li>Blood and compo-nent therapy</li> <li>Throat Suctioning</li> <li>Collect specimens for common investigations</li> <li>Maintain elimination</li> <li>Catheterisation</li> <li>Bowel wash</li> </ul>	<ul> <li>Plan and give care to 3 - 4 assigned patients</li> <li>Nursing care plan-2</li> <li>Nursing case study/ presentation - 1</li> <li>Drug presentation-1</li> <li>Maintain drug book</li> <li>Maintain Practical record book</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluati on of case study/pr e- sentatio n</li> <li>Comple- tion of practical record</li> </ul>

General Surgica I Ward (GI, Urinary , CTVS)	6	<ul> <li>Provide pre and post operative nursing care to adult patients with surgical disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Enema</li> <li>Urinary drainage</li> <li>Maintain Intake, output and documentation</li> <li>Counsel and teach related to specific disease conditions</li> <li>Practice medical surgical asepsis- standard safety measures</li> <li>Pre operative prepa- ration of patients</li> <li>Post operative care- Receiving pt, assess – ment, monitoring care</li> <li>Care of wounds and drainage</li> <li>Suture removal</li> <li>Ambulation and exercise</li> <li>Naso gastric aspiration</li> <li>Care of chest drainage</li> <li>Ostomy care</li> <li>Gastrostomy</li> <li>Blood &amp; component therapy</li> <li>Practice universal precautions</li> </ul>	<ul> <li>Plan and give care to 3 - 4 assigned patients</li> <li>Nursing care plan-2</li> <li>Nursing case study/ presentation - 1</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluati on of case study/pr e- sentatio n</li> <li>Comple- tion of activity record</li> </ul>
Cardiol ogy ward	2	<ul> <li>Provide nursing care to patients with cardiac disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Physical examina-tion of cardio vascular system Recording and interpreting ECG</li> <li>Monitoring of patients</li> <li>Preparation and assisting in non- invasive and invasive diagnostic procedures</li> <li>Administer cardiac drugs</li> <li>Cardio pulmonary Resuscitation</li> <li>Teach patients and families</li> </ul>	<ul> <li>Plan and give care to 2 - 3 assigned patients</li> <li>Nursing care plan-1</li> <li>Nursing case study/ presentation/Heal th talk - 1</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluati on of case study/pr</li> </ul>

			Practice medical and surgical asepsis – Standard safety measures	Maintain drug book	<ul> <li>e- sentatio n/health talk</li> <li>Comple- tion of activity record</li> </ul>
Skin & Commu -nicable disease s Ward	1	<ul> <li>Identify skin problems</li> <li>Provide nursing care to patients with skin disorders &amp; Communica-ble diseases</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Assessment of patients with skin disorders</li> <li>Assist in diagnostic and therapeutic procedures</li> <li>Administer topical medication</li> <li>Practice medical surgical asepsis – Standard safety measures</li> <li>Use of personal protective equipment (PPE)</li> <li>Give medicated baths</li> <li>Counseling HIV positive patients</li> <li>Teach prevention of infectious diseases</li> </ul>	<ul> <li>Plan and give care to 2 - 3 assigned patients</li> <li>Health talk /Counsell ing HIV positive patients and families – 1</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Evaluati on health talk /Counse -ling session</li> <li>Completion of activity record</li> </ul>
Orthop aedic ward	2	<ul> <li>Provide nursing care to patients with musculo - skeletal disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Assessment of orthopaedic patients</li> <li>Assist in application of plaster cast and removal of cast</li> <li>Apply skin traction- buck's extension traction</li> <li>Assist in application and removal of prosthesis</li> <li>Physiotherapy -Range of motion exercises (ROM), muscle strengthe-ning exercises</li> <li>Crutch maneuvering technique</li> <li>Activities of daily</li> </ul>	<ul> <li>Plan &amp;give care to 2- 3 assigned patients</li> <li>Nursing care plan- 1</li> <li>Nursing case study/ presenta- tion – 1</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Evaluati on of nursing care plan &amp; nursing case study /present a-tion</li> <li>Completion of activity record</li> </ul>

Operati on Theatre	6	<ul> <li>Identify instruments used in common operations</li> <li>Participate in Infection control practices in the Operation Theatre</li> <li>Set-up the table/ trolleys for common operative procedures</li> <li>Assist in giving anesthesia</li> </ul>	<ul> <li>living</li> <li>Ambulation</li> <li>Teach and counsel patients &amp; families</li> <li>Scrubbing, gowning gloving</li> <li>Identify instruments suturing materials for common operations</li> <li>Disinfection, Carbo- lization, fumigation</li> <li>Preparation of instrument sets for common operationss</li> <li>Sterilization of sharps and other instruments</li> <li>Prepare the OT table depending upon the operation</li> <li>Positioning and monitoring of patients</li> <li>Endotracheal intubation</li> </ul>	<ul> <li>Assist as a circulator y nurse in</li> <li>Major cases- 10</li> <li>Minor cases - 5</li> <li>Assist as a scrub nurse in</li> <li>Major cases- 10</li> <li>Minor cases - 5</li> <li>Major cases - 5</li> <li>Maintain drug book</li> </ul>	<ul> <li>Assess perform a-nce with rating scale</li> <li>Comple- tion of activity record</li> </ul>
		<ul><li>operative procedures</li><li>Assist in giving</li></ul>	<ul><li>operation</li><li>Positioning and</li></ul>	cases – 5 • Maintain	

Clinical Training Time : 260 hours (9 weeks)

Areas	Duration (in week)	Objectives	Skills	Assignmen ts	Assessme nt Methods
ICU, CCU, CARDIAC OT	2	<ul> <li>To gain proficiency in ICU nursing</li> <li>Develop advance skill in special procedures used in critical care unit</li> <li>Identify</li> </ul>	<ul> <li>Assist in arterial puncture for blood gas analysis</li> <li>Perform ECG and interpret accor-dingly.</li> <li>Conduct &amp; analysis pulse oximetry</li> <li>Care with artificial airway</li> </ul>	<ul> <li>Arterial punctur e -5</li> <li>Taking out ECG stripe – 5</li> <li>Trachea 1</li> </ul>	<ul> <li>Recor d book</li> <li>Checking with superv isor</li> </ul>

Neuro ICU, ITU, OT	2	<ul> <li>potential problems and provide accordingly</li> <li>Skill in setting and handeling ventilator</li> <li>Administer injection in infusion pump</li> <li>Record accurately findings and medications</li> <li>Develop IPR with family members</li> <li>Acquint with OT technique</li> <li>Develop skill in neurological assessment</li> <li>Give care to the pt with head injury and spinal injury</li> <li>Care with chest</li> </ul>	<ul> <li>Assist in endotra-cheal intubation</li> <li>Setting up ventilator</li> <li>Giving care in ventilator</li> <li>Drug sheet</li> <li>Observation of special procedure in OT.</li> </ul> Assess neurological status <ul> <li>Implement care to head injury spinal injury patients</li> <li>Drug sheet</li> <li>Pre and postopera-tive care with neuro surgery</li> </ul>	<ul> <li>suction-5</li> <li>For all assigne d patients</li> <li>Oxygen adminis tra-tion by CPAP mask and use Ambu bag.</li> <li>Assess ment for all assigne d patients</li> <li>Nursing care in ventilat or</li> <li>Drug sheet</li> <li>Assess-ment for all assigne d patients</li> </ul>	<ul> <li>Recor d book</li> <li>Obser va-tion checkl ist</li> </ul>
		surgery and cranial surgery	patients	<ul><li>plan-2</li><li>Drug sheet</li></ul>	
Burns & plastic Reconstruc tive surgery	2	<ul> <li>Assess the severity of burns</li> <li>Administer rehydration therapy</li> <li>Observe reconstructive</li> </ul>	• Nursing care		

		surgery		
OT Lapro – scopic Orthopaedi c Eye ENT	3	<ul> <li>Identify instruments</li> <li>Assist in OT set up</li> <li>Supervise sterilization</li> <li>Assist in OT table lay out</li> <li>Observe immediately after operation</li> <li>Supervise infection control</li> </ul>	• Assist - 5 cases	• Recor d book

## **Community Health Nursing – I**

**Placement :** Second Year **Time :** Theory - 90 hours

#### Practical – 135 hours

**Course Description :** This course is designed for students to appreciate the principles of promotion and maintenance of health

Unit	Time (Hrs)	Learning Objectives	Content and Teaching Learning Methods
Ι	2	Describe concept and dimensions of health	<ul> <li>Introduction</li> <li>Community health nursing</li> <li>Definition, concept and dimensions of health</li> <li>Promotion of health</li> <li>Maintenance of health</li> <li><i>Teaching learning Activities</i> <ul> <li>Lecture discussion</li> </ul> </li> </ul>
ΙΙ	20	• Describe determinants of health	<ol> <li>Determinants of health</li> <li>Eugenics</li> <li>Environment :         <ul> <li>Physical : Air, light, Venti-lation, Water, Housing, Sanitation; disposal of waste, disposal of dead bodies, Forestation, Noise, Climate, Communication: infrastructure facilities and Linkages</li> <li>Acts regulating the environment: National Pollution control board</li> <li>Bacterial &amp; viral: Agents, host carriers and immunity</li> <li>Arthopods and Rodents</li> <li>Food hygiene: Production, Preservation, Purchase, Preparation, Consumption</li> <li>Acts regulating food hygiene- Prevention of food adulteration act, drugs and cosmetic act</li> <li>Socio-cultural</li> <li>Customs, taboos</li> <li>Marriage system</li> <li>Family structure</li> <li>Status of special groups; Females, Children, Elderly, challenged groups and Sick persons</li> </ul> </li> </ol>

III	10	Describe concept,	<ul> <li>Hygiene</li> <li>Physical activity</li> <li>Recreation and sleep</li> <li>Sexual life</li> <li>Spiritual life philosophy</li> <li>Self reliance</li> <li>Dietary pattern</li> <li>Education</li> <li>Occupation</li> <li>Financial Management</li> <li>Income</li> <li>Budget</li> <li>Purchasing power</li> <li>Security</li> </ul> Teaching learning Activities <ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs, Models, films, slides</li> <li>Visits to water supply, sewage disposal, milk plants, slaughter house etc</li> </ul>
		scope, uses methods and approaches of epide- miology	<ul> <li>Definition, concept, aims, scope, uses and terminology used in epidemiology</li> <li>Dynamics of disease transmission : epidemiological traid</li> <li>Morbidity and mortality : measurements</li> <li>Levels of prevention</li> <li>Methods of epidemiology of</li> <li>Descriptive</li> <li>Analytical: Epidemic investigation</li> <li>Experimental</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> </ul>
IV	25	Describe Epidemio- logy and nursing manage-ment of common Communi- cable diseases	<ul> <li>Epidemiology and nursing management of common Communicable Diseases</li> <li>Respiratory infections</li> <li>Small Pox</li> </ul>

 1	1	
		Mumps
		Diphtheria
		Whooping cough
		Meningococcal meningitis
		Tuberculosis
		SARS
	•	Intestinal Infections
		Poliomyelitis
		Viral Hepatitis
		Cholera
		Diarrhoeal diseases
		Typhoid Fever
		Food poisoning
		Amoebiasis
		Hook worm infection
		Ascariasis
		Dracunculiasis
	•	Arthropod infections
		Dengue
		Malaria
		Filariasis
	•	Zoonoses
		Viral
		Rabies
		Yellow fever
		Japanese encephalitis
		Kyasnur Forest Disease
	•	Bacterial
		Brucellosis
		Plague
		Human Salmonellosis
		Anthrax
		Leptospirosis
	•	Rickettsial diseases
		Rickettsial Zoonoses
		Scrub typhus
		Murine typhus
		Tick typhus
		Q fever
	•	Parasitic zoonoses
		Taeniasis
		Hydatid disease
		Leishmaniasis
	•	Surface infection
	-	
		Trachoma
		Trachoma Tetanus

			<ul> <li>Leprosy</li> <li>STD &amp; RTI</li> <li>Yaws</li> <li>HIV/AIDS</li> <li>Any other</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Seminar</li> <li>Supervised field practice - health centers, clinics and homes</li> <li>Group projects/ Health education</li> </ul>
V	10	Describe Epidemiolog y and nursing manage-ment of common Non- com- municable diseases	<ul> <li>Epidemiology and nursing management of Non - communicable diseases</li> <li>Malnutrition: under nutrition, over nutrition, nutritional deficiencies</li> <li>Anaemia</li> <li>Hypertension</li> <li>Stroke</li> <li>Rheumatic Heart Disease</li> <li>Coronary Heart Disease</li> <li>Coronary Heart Disease</li> <li>Cancer</li> <li>Diabetes mellitus</li> <li>Blindness</li> <li>Accidents</li> <li>Mental illness</li> <li>Obesity</li> <li>Iodine deficiency</li> <li>Fluorosis</li> <li>Epilepsy</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Seminar</li> <li>Supervised field practice - health centers, clinics and homes</li> <li>Group projects/ Health education</li> </ul>
VI	6	• Describe the concepts & scope of Demography	<ul> <li>2. Demography</li> <li>Definition, concept and scope</li> <li>Methods of collection, analysis &amp; interpretation of</li> </ul>

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		Describe methods of data collection, analysis & interpreta- tion of demogra- phic data	<ul> <li>demographic data</li> <li>Demographic rates and ratios</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture discussion</li> <li>Community identification survey</li> <li>Assessment of survey report</li> </ul>
VII	17	<ul> <li>Identify the impact of population explosion in India</li> <li>Describe methods of population control</li> </ul>	<ul> <li>Population and its control</li> <li>Population explosion and its impact on social, economic development of individual, society and country</li> <li>Population control : <ul> <li>Overall development: Women empowerment, social, economic and educational development</li> <li>Limiting family size :</li> <li>Promotion of small family norm</li> <li>Methods : spacing (natural, biological, chemical, mechanical methods etc)</li> <li>Terminal : surgical methods</li> <li>Emergency contraception</li> </ul> </li> <li><i>Teaching learning Activities</i></li> <li>Lecture discussion</li> <li>Population survey</li> <li>Counseling</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised field practice</li> <li>Assessment of survey report</li> </ul>

## **Community Health Nursing I – Practical**

**Placement :** Second Year **Time :** Practical – 135 hours

Areas	Durati on (in week)	Objectives	Skills	Assignments	Assessment methods
Commu- nity health nursing	2 wks urban and 2 wks rural	<ul> <li>Build and Maintain rapport</li> <li>Identify demogra-phic chara- cteristics, health deter - minants &amp; community health resources</li> <li>Diagnose health needs of individual and families</li> <li>Provide primary care in health centre</li> <li>Counsel &amp; educate individual, family &amp; community</li> </ul>	<ul> <li>Use techniques of inter-personal relationship</li> <li>Identification of health determinants of community</li> <li>History taking</li> <li>Physical examination</li> <li>Collect specimens- sputum, malaria smear</li> <li>Perform simple lab tests at centre - blood for Haemoglobin and sugar, urine for albumin and sugar</li> <li>Administer vaccines and medications to adults</li> <li>Counsel and teach individual, family and community</li> <li>Nutrition</li> <li>Hygiene</li> <li>Self health monitoring</li> <li>Seeking health services</li> <li>Healthy life style</li> <li>Family welfare methods</li> <li>Health promotion</li> </ul>	<ul> <li>To work with 2 assigned families each in urban &amp; rural</li> <li>Family study -1</li> <li>Observa- tion report of comm- unity - 1</li> <li>Health talks 2 (1 in urban &amp; in rural)</li> </ul>	<ul> <li>Assess clinical per- formance with rating scale</li> <li>Assess each skill with checklist</li> <li>Evaluation of family study, observation report and health talk</li> <li>Completion of activity record</li> </ul>

## **Communication & Educational Technology**

**Placement :** Second Year **Time :** Theory – 90 hours

**Course Description :** This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal relations, teaching individuals and group in clinical, community health and educational settings.

Unit	Tir	ne	Learning	<b>Content and Teaching Learning Activities</b>	
	Th.	Pr.	Objectives		
Ι	5		<ul> <li>Describe the communication process</li> <li>Identify techniques of effective communication</li> </ul>	Review of Communication ProcessProcess; elements and channeFacilitatorsBarriers and methods of overcomingTechniquesTeaching learning ActivitiesLecture DiscussionRole playsExercises with audio/video tapesRespond to critical incidents	
Π	5		• Establish effective interpersonal relations with patients families & co- workers	Interpersonal relations <ul> <li>Purpose &amp; types</li> <li>Phases</li> <li>Barriers &amp; methods of overcoming</li> <li>Johari Window</li> </ul> <li>Teaching Learning Activities <ul> <li>Lecture Discussion</li> <li>Role plays</li> <li>Exercises with audio/video tapes Process recording</li> </ul> </li>	
III	5		• Develop effective human relations in context of nursing	<ul> <li>Human relations</li> <li>Understanding self</li> <li>Social behaviour, motiva-tion, social attitudes</li> <li>Individual and groups</li> <li>Groups &amp; individual</li> <li>Human relations in context of nursing</li> <li>Group dynamics</li> <li>Team work</li> </ul>	

				<ul> <li>Teaching Learning Activities</li> <li>Lecture Discussion</li> <li>Sociometry</li> <li>Group games</li> <li>Psychometric exercises followed by discussion</li> <li>Respond to critical incidents</li> </ul>
IV	10	5	• Develop basic skill of counselling and guidance	<ul> <li>Guidance &amp; counselling</li> <li>Definition</li> <li>Purpose, scope &amp; need</li> <li>Basic principles</li> <li>Organization of counse-lling services</li> <li>Types of counselling approaches</li> <li>Role and preparation of counselor</li> <li>Issues for counseling in nursing: students and practitioners</li> <li>Counselling process – steps &amp; techniques, tools of counselor</li> <li>Managing disciplinary problems</li> <li>Management of crisis &amp; referral</li> </ul>
V	5		<ul> <li>Describe the philosophy &amp; principles of education</li> <li>Explain the teaching learning process</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Role play on counselling in different situations followed by discussion</li> <li>Assess performance in role play situations</li> <li>Principles of education &amp; teaching learning process</li> <li>Education: meaning, philosophy, aims, functions &amp; Principles</li> <li>Nature and characteristics of learning,</li> <li>Principles and maxims of teaching,</li> <li>Formulating objectives: general and specific</li> <li>Lesson planning</li> <li>Classroom management</li> <li>Teaching learning Activities</li> <li>Lecture Discussion</li> <li>Prepare lesson plan</li> <li>Micro teaching</li> <li>Exercise on writing objectives</li> <li>Assess lesson plans &amp; teaching sessions</li> </ul>

VI	10	10	• Demonstrate teaching skill using various teaching methods in clinical, classroom & community settings	<ul> <li>Methods of teaching</li> <li>Lecture, demonstration, group discussion, seminar symposium, panel discussion, role play, project, field trip, workshop, exhibition, programmed instruction, computer assisted learning, micro teaching problem based learning, Self instructional module and simulation etc.</li> <li>Clinical teaching methods : case method, nursing round &amp; reports, bedside clinic, conference (indivi-dual &amp; group) process recording</li> <li>Teaching Learning Activities</li> <li>Lecture Discussion</li> <li>Conduct 5 teaching sessions using different</li> </ul>
				<ul><li>methods &amp; media</li><li>Assess teaching sessions</li></ul>
VII	10	8	Prepare and use different types of educational media effectively	<ul> <li>Assess teaching sessions</li> <li>Educational media</li> <li>Purposes &amp; types of A.V. Aids, principles and sources etc.</li> <li>Graphic aids: chalk board, chart, graph, poster, flash cards, flannel graph, bulletin, cartoon</li> <li>Three dimensional aids : objects, specimens, models, puppets</li> <li>Printed aids: pamphlets &amp; leaflets</li> <li>Projected aids : slides, overhead projector, films, TV, VCR/VCD, camera, microscope, LCD</li> <li>Audio aids : tape recorder public address system</li> <li>Computer</li> <li>Teaching learning Activities</li> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Prepare diffe-rent teaching aids- projected &amp; non projected</li> <li>Assess the teaching aids prepared</li> </ul>
VIII	5	7	• Prepare different types of questions for assessment of knowledge, skills and attitudes	<ul> <li>Assessment</li> <li>Purpose &amp; scope of evaluation &amp; assessment</li> <li>Criteria for selection of assessment techniques and methods</li> <li>Assessment of knowledge : essay type questions, Short answer questions (SAQ), Multiple choice questions (MCQ)</li> <li>Assessment of skills : observation checklist, practical exam, Viva, Objective structured clinical examination (OSCE)</li> </ul>

			<ul> <li>Assessment of Attitudes: Attitude scales</li> <li>Teaching Learning Activities</li> <li>Lecture Discussion</li> <li>Exercise on writing different types of assessment tools</li> </ul>
IX	5	• Teach individuals, groups and communities about health with their active participation	<ul> <li>Information, Education &amp; communication for health (IEC)</li> <li>Health behaviour &amp; health education</li> <li>Planning for health education</li> <li>Health education with individuals, groups &amp; communities</li> <li>Communicating health messages</li> <li>Methods &amp; media for communicating health messages</li> <li>Using mass media</li> <li>Assess the stra-tegies used in practice teaching sessions and exercise sessions</li> </ul> <i>Teaching learning Activities</i> <ul> <li>Lecture Discussion</li> <li>Plan &amp; conduct health educa-tion sessions for individuals, group &amp; communities</li> <li>Assess the planning &amp; conduct of the educa-tional session</li> </ul>